

Buffalo Valley Regional Training Center 701 Moore Ave. KLARC W216C Lewisburg, PA 17837 (757)298 9221 buffalovalleyrtc@gmail.com www.byrtc.com

### Hello everyone,

In this month's edition we will recap the Bucknell Bison wrestling program, Bison System Wrestling Club, and provide a brief overview of what is to come in the next month.

#### I. Bison Season in Review

After a long and grueling season the Bison regular season has come to an end. After many hard fought duals and several intense individual tournaments, the Bison walk away with an 8-8 dual meet season. A highlight was the team's performance at the Southern Scuffle, where the Herd walked away with a 6<sup>th</sup> place overall as a team, and crowned 2 individual champions and placing a total of 5 wrestlers. This marks the best finish for the Bison on an individual and team performance.

This season we have seen our squad battle against some of the nation's top teams as they represented themselves are their program with pride! Several individuals had impressive seasons with standout individual performances in tournament action as well as banning together to walk away with respectable performances in the always tough EIWA Conference.



# II. Upcoming Events

The end of the regular season has come and the post season is here! With a season of hard work, dedication, and perseverance the Bison are looking strong heading into the EIWA championships. This season marks a special event as the Bison will be hosting the conference championships and celebrating the induction of Andy Rendos '10 into the EIWA Hall of Fame.

Please join us at the Bull Run Taphouse on Saturday March 9<sup>th</sup> from 2pm-4pm for a social event for all Alumni, Family, and friends. Please come out to see your former teammates and introduce yourself to the next generation of Bison wrestlers.

For ticket information contact the Bucknell Box Office, request Bucknell seating.

#### **EIWA CHAMPIONSHIPS**

Sojka Pavilion

March 8-9

All Day

### III. Bison System Wrestling Club



As our youth program continues to grow, we are ready to start our third session. As we move into the spring and summer months, our group will continue to grow within the local communities and produce quality wrestlers!

With the high school season in the books, we now have an opportunity to see our wrestlers improve and strive for excellence. In the month of March, we will see our wrestlers preparing for the NHSCA National Championships. Immediately following this competition, we will begin our freestyle and Greco Roman wrestling.

### IV. WRESTLER OF THE MONTH

In this month's edition of wrestler of the month, we will be taking a closer at Nolan Hollar. The Warrior Run native is yet another one of our up and coming youth wrestlers. Nolan is always active on the wrestling mat and pushing himself to improve with each and every practice!

**Hometown**: Watsontown, PA **Birthday**: December 29 2012

Siblings: only child

Parents: Jessica & Dustin Derr and Justin Hollar What got you into wrestling? My mom and my

friends

What is your goal this year? To make it to the

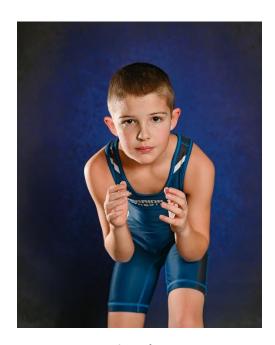
next round of MAWA.

Where do you want to go to college? He wants to serve in the US Air Force or attend Bucknell

through ROTC.

Where do you see yourself in 10 years? Finishing up in the military and working to

become a commercial pilot.



## V. Continued Support

There is a lot of exciting things going on with Bucknell Wrestling right now and the Buffalo Valley Regional Training Center. To continue this momentum, we need your continued support. Please consider making a donation to the Buffalo Valley Regional Training Center as your donation will have a direct impact on the current and future success of the Bucknell Wrestling program. The Buffalo Valley Regional Training Center is a registered 501 (C) (3) Not-For-Profit organization and your donations towards the "BVRTC" are tax deductible. The easiest way to donate is through the Donation page on our website: www.bvrtc.com/donate. Please consider the monthly donation option, which helps ensure our mission is evenly funded throughout the season."