



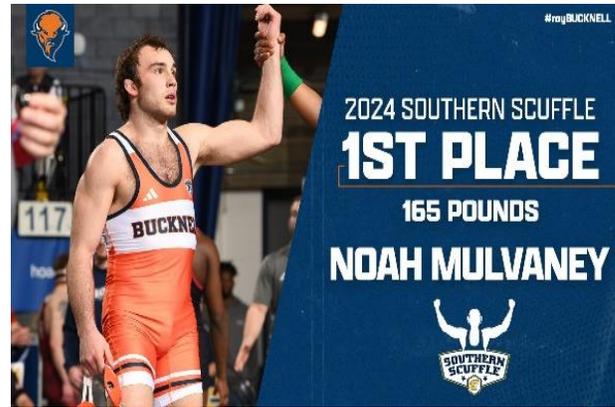
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Hello wrestling fans,

This month's edition we have a lot to cover, our Bison have been on the move! We've had several standout individual performances and strong team results as a result. You'll also find information on important dates, key dual meets, as well as updates with the Bison System Wrestling Club.

I. January Recap

2024 has gotten off to a great start. We have seen our Bison compete in the Southern Scuffle as well as several dual meets. At the beginning of the year our wrestlers took the mat at the always tough Southern Scuffle. After a strong performance we saw our Bison walk away with a 6th place team finish, 5 medalist and 2 Southern Scuffle Champions in Kurt Phipps at 133lbs and Noah Mulvaney at 165lbs. This has been by far our best individual and team performance but the success did not stop there.



The 2024 Dual meet schedule for the Bison has been a good one so far. The Bison Wrestling squad has been on a hot streak ending 2023 with two straight dual meet wins and riding that momentum into the New Year with wins over Long Island U, Morgan State, American and Drexel. The sole loss was to Army in a tough fought 15-18 battle.

II. Important Dates

Looking ahead into the rest of the season, we have a few key dates to mark on your calendars. The busy EIWA Dual meet schedule is underway and this will see the Bison on the road for most of the remaining schedule with exceptions being Saturday, February 17th for a Home Dual against EIWA foe Brown and our Conference Championship Held on campus at Bucknell University in Sojka Pavilion on Friday, March 8th and Saturday, March 9th. For more ticket information please contact the Bucknell University Campus Box Office.

IMPORTANT DATES

| | | |
|----------|----------------------|----------------|
| Feb. 17 | H Brown | Davis Gym |
| Mar. 8-9 | EIWA Championship | Sojka Pavilion |

III. Bison System Wrestling Club



Nothing but positive news to report here! The Bison System continues to grow and have a positive impact on its members and the local community. With High School season in full swing and the Middle School season rapidly approaching its end, BSWC has been mainly focusing on our youth development. Several youth wrestlers from the surrounding communities continue to attend practice and improve their skills with each session! The future is bright for our club and we will continue to grow and improve!

IV. Wrestler of the Month

In this month's edition of "wrestler of the month" we will be taking a closer look at Warrior Run's Trent Witter. Trent is an inspired young man who is on a mission to constantly improve! He has been present for every single practice and has stood out with his tireless work ethic. This young man has set himself apart from others by continually setting goals and working to accomplish them. In the past month we have seen Trent enter in several competitions where his performance and results are reflecting his efforts in the practice room. Let's take a moment to get to know Trent a little better!



Hometown: Watsontown, PA

Birthday: 03/31/2012 11 years old

Siblings: Trace (brother)

Parents: Tim Witter and Angela Bastian-Witter

What got you into wrestling?: My older brother Trace

What is your goal this year?: My goal is to improve and get ready for Junior High wrestling next year

Where do you want to go to college?- University of Pennsylvania

Where do you see yourself in ten years?- Playing Center for UPenn football and studying Nuclear Medicine

V. Continued Support

There is a lot of exciting things going on with Bucknell Wrestling right now and the Buffalo Valley Regional Training Center. To continue this momentum, we need your continued support. Please consider making a donation to the Buffalo Valley Regional Training Center as your donation will have a direct impact on the current and future success of the Bucknell Wrestling program. The Buffalo Valley Regional Training Center is a registered 501 (C) (3) Not-For-Profit organization and your donations towards the "BVRTC" are tax deductible. The easiest way to donate is through the Donation page on our website: www.bvrtc.com/donate. Please consider the monthly donation option, which helps ensure our mission is evenly funded throughout the season."